

Adventure Awaits
at Camp Sabra!



Camp Sabra



What makes Sabra special?



Camp Sabra is situated on three and a half miles of private, wooded shoreline on the Lake of the Ozarks, Missouri. There are no video games or other screens here – just fresh air, sunshine and a chance to explore new experiences! Camp Sabra is a magical community that fosters life-long friendships and Jewish identity, and encourages social and physical growth.



A typical day at Camp



After breakfast, campers head into their “focuses,” two activities they choose for themselves. After lunch and rest hour, they participate in cabin activities designed just for their group. This way, campers get to do what they already love all morning, and discover new things to love in the afternoon!

After dinner, campers have fun with their age group, doing evening programs that might include Messy Olympics, Nin-Jew Warrior or a Spa Slumber Party.

Shabbat begins and ends as a camp family. After Shabbat dinner, our camper-created services are held at our scenic chapel. This is followed by a raucous cheering, dancing and singing celebration. On Saturday mornings, we hold services (after breakfast) at Inspiration Point, and then campers participate in unique activities only offered on Shabbat. After our all-camp picnic and themed, all-camp evening activity, we end our night with a beautiful Havdalah service.

Trips are a big part of the Sabra experience, too. Our youngest campers sleep under the stars during an in-camp overnight and our oldest campers travel to Colorado! Other groups take river trips on the beautiful Ozark Riverways.





We take our location on the Lake of



Our unique location on the Lake of the Ozarks gives our campers the ability to enjoy activities they just can't get anywhere else: water skiing, wake boarding, tubing, swimming, sailing, paddle boarding, canoeing, funyaking, a big waterslide and more! Our campers leave with memories that last a lifetime.





Camp Sabra also offers lots of fun off the Lake. A challenge course that includes a zip line, climbing wall, and high and low ropes courses. Campers play gaga (indoors and out), experience Judaics and Tarbut (Israeli cooking, games and dance), camping skills (hiking, fire building and outdoor cooking), archery, tennis, soccer, basketball, softball, arts & crafts, theater and more.

For the Ozarks seriously...seriously fun!



Jewish programming at Camp

Camp Sabra is a joyous Jewish community. At Camp, kids are challenged to discover the best in themselves and others, and they learn to love being Jewish. Our campers explore their connection to their Jewish identity through creative, fun and enriching programs. From singing and dancing and sunset Shabbat services (camper-created and led) on the Lake to all-camp programs like Maccabia, Jewish programming at Camp Sabra has a special feeling that is experienced throughout the close community.

Jewish residential camps, and Camp Sabra in particular, positively impact campers. We develop future leaders and build Jewish identity and community. Camp Sabra's most recent post-camp survey revealed:

- 89% of families strongly agree that Camp brings Jewish values to life
- 96% of families strongly believe that Sabra creates the ambiance and atmosphere where children are proud to feel Jewish
- Sabra's retention rate over the past two years is 81% - considered "excellent" in the industry



What else should I know?

Where do campers and staff come from?

Our campers and staff come from across the U.S. and the world! The majority of our campers are from St. Louis, Dallas, Houston, Kansas City, Memphis and Omaha – but others travel from either coast and even internationally! Our staff come from everywhere (including Israel) and 85% are Camp Sabra alumni.

What is your staff-to-camper ratio?

Camp-wide, our staff-to-camper ratio is approximately one staff member for every three campers. Per cabin, we have one staff member to three children in younger units, and one staff member for every four kids in the older units.

My child has allergies or unique needs – can you accommodate that?

Our camp is peanut, tree nut and sesame seed free. For questions about your particular camper, feel free to contact our Director.

How does my child get to camp?

We provide bus transportation from St. Louis, Kansas City, Memphis and Omaha. Most campers from other cities fly to St. Louis or Kansas City and then use our bus service. Parents can also drop their children at camp. Contact our Director for more information.

What if my child gets homesick?

Our staff is trained to help deal with homesickness, and there are things we suggest to parents before camp to help with the transition. Contact our staff for suggestions.

How do you handle medical issues at Camp Sabra?

Camp Sabra has a new Health Center staffed all summer by two nurse managers, two full-time nurses, and one full-time doctor. We also use a pre-packaged medical service to dispense daily medications.





**We'd love to
hear from you!**

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