EC Menus May 2017 Red-Fresh Fruit Blue-Fresh Vegetables Green-Snack Meat/Meat Alternate Purple-Breakfast Meat/Meat Alternate



Milk is served with breakfast and with snack.

5/1 Wk 5	5/2	5/3	5/4	5/5
Unsweetened Cereal	Pancake	Oatmeal	Whole Wheat English	Whole Wheat Bread(1)
Mixed Fruit	Strawberry Topping	Cinnamon Apple Slices	Muffin Half	Hard Boiled Egg
			Apricot Halves	Diced Peaches
Pizza Bagel	<u>Taco Tuesday</u>	Hot Cheese Slider	Spaghetti and Meatballs	Chicken Drumsticks
Seasoned Green Beans	Seasoned Taco Meat	Roasted Veggies	Green Salad/Italian	Sweet Peas
Pineapple Tidbits	Shredded Lettuce	Fresh Pear	Dressing	Fresh Banana
	Diced Tomatoes/Salsa		Mandarin Oranges	Challah
	Flour Tortilla			
	Fresh Orange Wedges			
Fresh Apple	Cereal Snack Mix	Pretzel Bread	Cantaloupe/Kiwi	Pineapple
Wedges/Sun Butter		Stick/Honey Mustard		Tidbits/Cottage Cheese
			-	
5/8 Wk 1	5/9	5/10	5/11	5/12
Unsweetened Cereal	Biscuit	Unsweetened Cereal	Bagel/Cream Cheese	French Toast Sticks
Diced Peaches	Margarine	Fresh Banana	Mandarin Oranges	Applesauce
	Endl Contribution Color			
Chasse Quese dille/Seles	Fresh Cantaloupe Cubes	Mag and Chassa	Samphlad Eggs	Chielton String
Cheese Quesadilla/Salsa	BBQ Burgers	Mac and Cheese	Scrambled Eggs	Chicken Strips
Corn on the Cob	BBQ Burgers Sweet Potato Fries	Roasted Green Beans	w/Smoked Turkey	Roasted Zucchini
-	BBQ Burgers Sweet Potato Fries Applesauce		w/Smoked Turkey Hash Brown Potatoes	Roasted Zucchini Sticks/Ranch Dressing
Corn on the Cob	BBQ Burgers Sweet Potato Fries	Roasted Green Beans	w/Smoked Turkey Hash Brown Potatoes Fresh Red Grapes	Roasted Zucchini Sticks/Ranch Dressing Watermelon Cubes
Corn on the Cob Honeydew Cubes	BBQ Burgers Sweet Potato Fries Applesauce Whl Wht Roll	Roasted Green Beans Fresh Strawberries	w/Smoked Turkey Hash Brown Potatoes Fresh Red Grapes Whole Wheat Bread	Roasted Zucchini Sticks/Ranch Dressing Watermelon Cubes Challah
Corn on the Cob Honeydew Cubes Applesauce/Graham	BBQ Burgers Sweet Potato Fries Applesauce	Roasted Green Beans Fresh Strawberries Carrot Fries w/Veggie	w/Smoked Turkey Hash Brown Potatoes Fresh Red Grapes	Roasted Zucchini Sticks/Ranch Dressing Watermelon Cubes Challah Yogurt/Granola
Corn on the Cob Honeydew Cubes	BBQ Burgers Sweet Potato Fries Applesauce Whl Wht Roll	Roasted Green Beans Fresh Strawberries	w/Smoked Turkey Hash Brown Potatoes Fresh Red Grapes Whole Wheat Bread	Roasted Zucchini Sticks/Ranch Dressing Watermelon Cubes Challah
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5/15 Wk 2	5/16	5/17	5/18	5/19
Unsweetened Cereal	Whl Wht Toast/Sun	Unsweetened Cereal	Mini Bagel/Margarine	Pancake
Mixed Fruit	Butter	Fresh Banana	Tropical Fruit	Strawberry Topping
	Pineapple Tidbits			
Cheese Pizza	Taco Tuesday	Tomato Mac Soup	Hamburgers	Hot Turkey/Gravy
Cucumber Slices	Seasoned Taco Meat	Cheese Cubes	Baked Beans	Mashed Potatoes
Creamy Italian Dressing	Shredded Lettuce/Diced	Fresh Red Grapes	Pineapple	Diced Peaches
Fresh Apple Wedges	Tomatoes/Salsa	Mini Pretzel Sticks	Tidbits/Mandarin	Challah
	Flour Tortilla		Oranges	
	Fresh Orange Wedges		Whl Wht Roll	
Fresh Honeydew/Kiwi	Soft Pretzel	Hummus/Whl Wheat	Fresh Pear	Fresh Banana
	Bites/Honey Mustard	Cracker		
5/00 XVII 0	5/00	5 /2 A	5/05	5126
5/22 Wk 3	5/23	5/24	5/25	5/26
5/22 WK 3 Unsweetened Cereal	Scrambled Eggs	5/24 Unsweetened Cereal	S/25 Mini Bagel/Sun Butter	5/26 French Toast Sticks
Unsweetened Cereal Diced Pears	Scrambled Eggs Fresh Red Grapes	Unsweetened Cereal Fresh Banana	Mini Bagel/Sun Butter Mandarin Oranges	French Toast Sticks Applesauce
Unsweetened Cereal Diced Pears Baked Cheesy Ziti	Scrambled Eggs Fresh Red Grapes Mini Chicken Sliders	Unsweetened Cereal Fresh Banana Baked Tilapia	Mini Bagel/Sun Butter Mandarin Oranges Steak Soup	French Toast Sticks Applesauce Hawaiian Chicken
Unsweetened Cereal Diced Pears Baked Cheesy Ziti Cucumber	Scrambled Eggs Fresh Red Grapes	Unsweetened Cereal Fresh Banana Baked Tilapia Au Gratin Potatoes	Mini Bagel/Sun Butter Mandarin Oranges Steak Soup Green Salad w/Russian	French Toast Sticks Applesauce Hawaiian Chicken Toasted Cous Cous
Unsweetened Cereal Diced Pears Baked Cheesy Ziti Cucumber Slices/Creamy Italian	Scrambled Eggs Fresh Red Grapes Mini Chicken Sliders	Unsweetened Cereal Fresh Banana Baked Tilapia	Mini Bagel/Sun Butter Mandarin Oranges Steak Soup Green Salad w/Russian Dressing	French Toast Sticks Applesauce Hawaiian Chicken Toasted Cous Cous Seasoned Baby Carrots
Unsweetened Cereal Diced Pears Baked Cheesy Ziti Cucumber Slices/Creamy Italian Dressing	Scrambled Eggs Fresh Red Grapes Mini Chicken Sliders Roasted Zucchini	Unsweetened Cereal Fresh Banana Baked Tilapia Au Gratin Potatoes	Mini Bagel/Sun Butter Mandarin Oranges Steak Soup Green Salad w/Russian	French Toast Sticks Applesauce Hawaiian Chicken Toasted Cous Cous
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Unsweetened Cereal Diced Pears Baked Cheesy Ziti Cucumber Slices/Creamy Italian Dressing Watermelon	Scrambled Eggs Fresh Red Grapes Mini Chicken Sliders Roasted Zucchini Sticks/Russian Dressing Fresh Orange Wedges	Unsweetened Cereal Fresh Banana Baked Tilapia Au Gratin Potatoes Fresh Strawberries	Mini Bagel/Sun Butter Mandarin Oranges Steak Soup Green Salad w/Russian Dressing Cornbread	French Toast Sticks Applesauce Hawaiian Chicken Toasted Cous Cous Seasoned Baby Carrots Pineapple Tidbits
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5/28 Wk 4	5/29	5/30	5/31	
Unsweetened Cereal	Biscuit	Unsweetened Cereal	Whole Wheat Toast	
Diced Peaches	Fresh Red Grapes	Fresh Banana	Hard Boiled Egg	
			Apricot Halves	
Mac and Cheese	Taco Tuesday	Tomato Rotini Soup	Turkey Meatballs/Gravy	
Broccoli w/Ranch	Seasoned Taco Meat	Toasted Cheese Dippers	Brown Rice	
Honeydew/Blueberries	Shredded Lettuce/Diced	Fresh Pear	Seasoned Green Beans	
	Tomatoes/Salsa		Pineapple Tidbits	
	Flour Tortilla			
	Fresh Orange Wedges			
Vanilla	Cheese Crackers	Carrot Fries/Russian	Cantaloupe/Kiwi	
Yogurt/Strawberries		Dressing		